



JOIN US!



Information & Advice Event for Carers Rights Day

AGENDA

Thursday 23th November 2023
1pm - 4pm

1pm - Welcome and introduction to carers support in Harrow

1:15pm - Harrow Borough Carers Strategy - what you said and what we did by Colin Powell, Operations Director Harrow Carers & Allie Brice, Carer Lead Harrow Council

1:45pm - Quiz on Carers Rights by Allie Brice

2.15pm - Talk by Citizen Advice Bureau

2.45pm - Afternoon tea with Conversation Café

3.15pm - Unwind and Relaxation session by Drijen (from Art of Living)

3:45 - Question and Answer session

4.00pm - Close

Please confirm your attendance by emailing admin@harrowcarers.org and we will send the agenda and accounts by emailing wellbeing@harrowcarers.org. The events will be held at the Old Lyonians, 74 Pinner View, Harrow HA1 4QF

We look forward to seeing you on the day!

INFORM

SUPPORT

EMPOWER

If you have any other requirements/needs that would enable you to attend and participate in this meeting please let us know. Refreshments will be provided. There will also be stalls from a variety of organisations across Harrow, covering services for all ages. Please note the order of the agenda may change. Parking available on site.

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