❤️ KENTON CLINIC

Your Complete Guide to Healthcare

SEPTEMBER 2026 NEWSLETTER

❤️ Welcome to Kenton Clinic

Welcome to the **September 2026 edition of the Kenton Clinic Newsletter**.

We are committed to providing **high-quality, accessible and patient-centred healthcare** to our community.

This month, we are highlighting:

- 💉 Flu and COVID-19 vaccinations
- 💻 Digital healthcare services
- 📱 The NHS App
- 🚨 Emergency and urgent care
- 📅 Appointments and our services
- ♿ Accessibility and communication support

Please take a few minutes to read this newsletter and keep it for future reference.

👋 TEAM UPDATE

Wishing Suparshwa Vahora All the Best

We would like to let our patients know that **Suparshwa Vahora will be leaving Kenton Clinic to pursue a career in dentistry**.

We would like to thank Suparshwa for their contribution to the practice and wish them every success in their future career.

💉 FLU VACCINATION 2026/27

Protect Yourself This Winter

The **2026/27 NHS flu vaccination programme** begins in September.

Flu can cause serious illness, particularly in older people, pregnant women, young children and people with certain long-term health conditions.

📅 From 1 September 2026

The flu vaccine is available for:

- Pregnant women
- Children aged **2 or 3 on 31 August 2026**
- School-aged children from **Reception to Year 11**
- Children aged **6 months to under 18 years** who are in a clinical risk group

📅 From 1 October 2026

The flu vaccine is available for:

- Adults aged **65 and over**, including those who will turn 65 by 31 March 2027
- Adults aged **18 to 64** in an eligible clinical risk group
- People living in long-stay residential care homes
- Main carers for older or disabled people, or people receiving a carer's allowance
- People living with someone who has a weakened immune system
- People experiencing homelessness or staying in a homeless hostel or night shelter
- Eligible frontline health and social care workers through their employer

Not sure if you are eligible?
Please speak to the practice or check the latest NHS guidance.

📲 Don't Wait to Book

Eligible adults can book their NHS flu vaccination through the **NHS App** or other available NHS vaccination services.

Some eligible patients may also be able to receive their flu vaccination from a participating pharmacy.

□ COVID-19 VACCINATION

Autumn 2026 Programme

The Government has accepted the advice of the **Joint Committee on Vaccination and Immunisation (JCVI)** for the autumn 2026 COVID-19 vaccination programme.

The programme will begin from **October 2026** for eligible people.

Who is eligible?

The autumn 2026 COVID-19 vaccination programme is for:

- Adults aged **75 years and over**
- Residents in care homes for older adults
- People aged **6 months and over who are immunosuppressed**, meaning they have a significantly weakened immune system

These groups are being offered vaccination because they are at greater risk of serious illness from COVID-19.

💉 Can I have my flu and COVID-19 vaccines together?

If you are eligible for both vaccines, you **may be offered both at the same appointment** where clinically appropriate.

Having your vaccinations when offered can help increase your protection ahead of the winter months.

📲 HOW WILL KENTON CLINIC CONTACT YOU?

We will contact eligible patients when it is time to arrange their vaccination appointment.

Please make sure we have your current telephone number and email address.

We may contact you by:

📱 **Text message**
📧 **Email**
☎️ **Telephone**

You can also contact us through:

- **PATCHS**
- **Telephone**
- **In person at the practice**

Please look out for messages from Kenton Clinic and arrange your vaccination when invited.

💻 DIGITAL HEALTHCARE

Manage Your Healthcare Online

Depending on your account and the services available to you, you may be able to:

✓ Order repeat prescriptions
✓ Book and manage appointments
✓ View test results
✓ Access your GP health record
✓ Receive messages and notifications
✓ Manage your prescriptions

Need help registering?
Please speak to our reception team.

📱 THE NHS APP

Manage Your Healthcare Anytime, Anywhere

The **NHS App** is free and available 24 hours a day, 7 days a week.

You can use it to:

- Order repeat prescriptions
- View your GP health record
- Receive appointment reminders
- Read messages from your GP surgery
- Find NHS services
- Access other NHS services available to you

Need help getting started?
Please ask our team.

👤💻 DIGITAL SUPPORT

Need Help With Digital Services?

Amrita is available Monday to Thursday afternoons to help patients use:

- PATCHS
- NHS App
- Patient Access

If you need assistance, please speak to reception and we will let you know how to access this support.

🚨 EMERGENCY & URGENT CARE

● CALL 999

For a **life-threatening emergency**, call **999** or attend your nearest Accident & Emergency (A&E) department.

□ CONTACT NHS 111

For urgent medical advice that is **not life-threatening**, contact **NHS 111**.

NHS 111 is available 24 hours a day, 7 days a week.

□ OUR SERVICES

Kenton Clinic provides a range of healthcare services, including:

- Long-term condition management
- Mental health support
- Pharmacy First services
- Health advice and support
- Self-referral services, including:
    - Physiotherapy
    - Mental health services
    - Drug and alcohol services

Not sure which service is right for you?
Please speak to reception.

📅 APPOINTMENTS

Telephone: 020 8204 2255 — Option 1

Our appointments team can help you:

- Book an appointment
- Change or cancel an appointment
- Request a same-day appointment where appropriate
- Arrange a home visit where clinically appropriate

❤ Please help us help others

If you cannot attend your appointment, **please let us know as soon as possible**.

This allows us to make the appointment available to another patient who needs it.

♿ SUPPORTING YOUR NEEDS

We want everyone to be able to access our services.

We offer:

- Face-to-face appointments
- Telephone appointments
- Translation and interpreting services
- Home visits where clinically appropriate

Please let us know if you have any **communication, accessibility or other support needs** so that we can do our best to assist you.

❤ RESPECTING OUR STAFF & PATIENTS

Zero Tolerance Policy

Kenton Clinic operates a **Zero Tolerance Policy** towards abusive, aggressive or threatening behaviour.

Our staff are here to help you and deserve to be treated with courtesy and respect.

Treating our staff and fellow patients with kindness and respect helps us provide the **highest standard of care for everyone**.

📞 CONTACT KENTON CLINIC

Kenton Clinic

Telephone: 020 8204 2255

For the latest information about our services, please visit our website or speak to a member of our reception team.

❤️ STAY SAFE • STAY HEALTHY • WE'RE HERE FOR YOU

Thank you for choosing Kenton Clinic.